

## Rhubarb & strawberry meringue pots

Good Food team

Serves 4

More effort

Prep: 15 mins

Cook: 1 hr

A tasty, light and fluffy low-fat treat



Alternatives

Complete the dish



Rhubarb crumble

★★★★★  
15 ratings



Chinese-style braised b

★★★★★ 289 rating



Rhubarb meringue

★★★★☆ 9 ratings



## Ingredients

450g  
rhubarb  
cut into 4cm/1½in chunks

100g  
golden caster sugar

grated zest of 1  
orange

1 tbsp strawberry conserve

2  
eggs  
separated

## Method

### Step 1

Preheat the oven to 180C/ Gas 4/fan oven 160C. Put the rhubarb in an ovenproof dish, sprinkle over 50g/2oz of the sugar and the orange zest and stir together. Cover and bake in the oven for 35-40 minutes until tender. (Alternatively, you can cook the rhubarb with the sugar and zest in the microwave for 10 minutes on full power, stirring halfway through the cooking time, until just tender.)

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**Step 2**

Remove the rhubarb from the oven and allow to cool slightly. Stir in the conserve then the egg yolks. Divide the rhubarb mixture between four 175ml/6fl oz ramekins. Put on a baking sheet and cook in the oven for 10 minutes until lightly thickened.

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**Step 3**

While the rhubarb is cooking, whisk the egg whites until stiff. Sprinkle over half of the remaining sugar and whisk again. Gently fold in the rest of the sugar. Pile the meringue on top of the rhubarb to cover it completely and swirl the top. Return to the oven for 10 minutes until the meringue is puffy and golden. Serve immediately.