



## Frozen tropical fruit yogurt



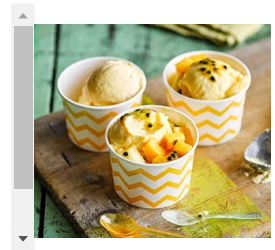
Prep: 15 mins



Easy



Serves 6



### Ingredients

480g frozen tropical fruit mix

170g Greek yogurt

2 tbsp maple syrup or honey

200g diced tropical fruit and passion fruit seeds, to serve

### Method

- Step 1** Put everything except the fresh fruit in a food processor and blend. Scoop straight into bowls, or tip into a container and freeze if you want to serve it later. Serve with the fresh tropical fruit and spoon over the passion fruit seeds.