

Speedy banana splits





Ingredients

4 bananas

4 scoops vanilla ice cream

4 tbsp chocolate sauce (English Provender Belgian is superb)

2 tbsp flaked toasted almond

Method

Step 1 Peel and split the bananas in half lengthways and place on two plates. Top with the scoops of ice cream, drizzle over the sauce and scatter with almonds.